

CIAC Girls State Open Championships - 11/13/2025 to 11/16/2025

Psych Sheet

Event 1 Girls 200 Yard Medley Relay

State: 1:43.99 2017

Cheshire

Open: 1:44.16 2016

Ridgefield

	Team	Relay	Seed Time		Finals	Place
1	Norwalk/McMahon		1:49.59		_____	_____
2	Wilton		1:50.07		_____	_____
3	Greenwich		1:50.79		_____	_____
4	Brookfield		1:50.82		_____	_____
5	Guilford		1:52.02		_____	_____
6	Fairfield Ludlowe		1:52.25		_____	_____
7	Pomperaug		1:52.37		_____	_____
8	Ridgefield		1:52.86		_____	_____
9	Amity		1:53.52		_____	_____
10	New Canaan		1:53.58		_____	_____
11	Darien		1:54.54		_____	_____
12	Manchester Girls Swim - Co-op		1:55.21		_____	_____
13	Trumbull		1:55.41		_____	_____
14	Plainville		1:55.52		_____	_____
15	Cheshire		1:56.52		_____	_____
16	Joel Barlow, Bethel, Immaculat		1:56.66		_____	_____
17	Glastonbury		1:56.74		_____	_____
18	Weston		1:56.80		_____	_____
19	Oxford		1:56.89		_____	_____
20	Newtown		1:57.09		_____	_____
21	Fairfield Warde		1:57.96		_____	_____
22	Hall		1:58.07		_____	_____
23	Windsor Locks Co-Op		1:58.25		_____	_____
24	South Windsor		1:58.40		_____	_____
25	Conard		1:58.78	Alt	_____	_____
26	Foran		1:59.46	Alt	_____	_____

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Event 2 Girls 200 Yard Freestyle

State: 1:47.96 2022

Open: 1:48.20 2022

Annam Olasewere

Annam Olasewere

Staples

Staples

	Name	Year	School	Seed Time		Finals	Place
1	Mary Kelly	FR	Ridgefield	1:51.42			
2	Wesley Wales	SR	Greenwich	1:51.71			
3	Ava Ward	SR	Ridgefield	1:52.09			
4	Megan Lussier	JR	Wilton	1:52.80			
5	Gracie Lowney	SR	Conard	1:53.48			
6	Maegan Grisanti	JR	St. Joseph	1:54.45			
7	Elsa Wang	FR	Greenwich	1:55.32			
8	Zoe Petertonjes	SR	Newtown	1:55.65			
9	Carly Waldman	SR	Staples	1:55.87			
10	Emmy Beach	SR	St. Joseph	1:55.92			
11	Ainsley Sahrbeck	SR	Greenwich	1:56.05			
12	Olivia DeVries	SO	Greenwich	1:56.27			
13	Isabelle Hodum	SR	Sheehan	1:57.25			
14	Elizabeth Akolzina	SO	Weston	1:57.47			
15	Charlie Palmer	FR	Ridgefield	1:57.54			
16	Mary Sampara	SR	Amity	1:57.59			
17	Milena Brodowicz	SR	Wethersfield	1:57.63			
18	Chloe Ableman	SR	Norwalk/McMahon	1:58.65			
19	Kiera Hinkley	SR	Ridgefield	1:59.99			
20	Corinne Gleason	SO	Cheshire	2:00.07			
21	Emily Daukas	SR	Pomperaug	2:00.14			
22	Vanessa Anderson	SR	Cheshire	2:00.27			
23	Emilia Bieliauskaite	JR	New Canaan	2:00.44			
24	Cora Huang	JR	New Canaan	2:00.50			
25	Lyla Harhay	SR	Conard	2:00.72	Alt		
26	Cecilia Minard	SR	Farmington	2:01.08	Alt		

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Event 3 Girls 200 Yard IM

State: 1:59.13 2019

Open: 1:59.50 2019

Meghan Lynch

Meghan Lynch

Greenwich

Greenwich

	Name	Year	School	Seed Time		Finals	Place
1	Annabelle Superchi	JR	Cheshire	2:06.19			
2	Mackenzie Hearrin	SO	Cheshire	2:06.37			
3	Ella Gussen	SR	Fairfield Ludlowe	2:06.42			
4	Emma Zhang	FR	Guilford	2:06.84			
5	Emma Giafardino	SO	Norwalk/McMahon	2:09.16			
6	Caroline Suter	SR	Pomperaug	2:09.59			
7	Ellison Charette	JR	Greenwich	2:10.16			
8	Mairead Luhman	JR	Ridgefield	2:11.04			
9	Abigaile Mais	JR	Weston	2:12.05			
10	Leni So	SR	New Canaan	2:12.66			
11	Kaitlyn Knowles	JR	New Canaan	2:12.76			
12	Stella Green	JR	Pomperaug	2:12.97			
13	Misha Kovac	JR	Plainville	2:12.99			
14	Isadora Nassa	JR	Greenwich	2:13.76			
15	Avery Foito	SR	Stratford	2:14.03			
16	Sara Jee	SO	Greenwich	2:14.49			
17	Brianna Laforest	SO	Windsor Locks Co-Op	2:14.97			
18	Caroline Gies	JR	Darien	2:15.22			
19	Gretchen Janney	JR	Brookfield	2:15.35			
20	Vivienne Walsh	FR	Ridgefield	2:15.88			
21	Bailey Kissane	FR	Berlin	2:15.91			
22	Isabel Guzman	SR	Greenwich	2:15.95			
23	Vedika Menon	SR	Ridgefield	2:16.42			
24	Isla Cunniffe	SR	Norwalk/McMahon	2:16.42			
25	Carmen Blanco	JR	Westhill/Stamford	2:16.58	Alt		
26	Camryn Gaidos	FR	East Catholic	2:16.90	Alt		

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Event 4 Girls 50 Yard Freestyle

State: 22.20 2025		Riley Anderson		Manchester Girls			
Open: 22.58 2021		Annam Olasewere		Staples			
	Name	Year	School	Seed Time		Finals	Place
1	Riley Anderson	SR	Manchester Girls Swim - Co-op	22.20			
2	Zsofia Milak	FR	Ridgefield	23.88			
3	Kensington Worden	JR	Greenwich	24.07			
4	Adrianna Spelman	JR	Fairfield Warde	24.20			
5	Elle Massey	FR	Lauralton Hall	24.20			
6	Ellen Griffin	SO	Ridgefield	24.25			
7	Gabrielle Williamson	JR	Cheshire	24.31			
8	Meghan Leahy	JR	Weston	24.35			
9	Sophia Fraguella	FR	Brookfield	24.45			
10	Alexis Abellard	SR	Trumbull	24.48			
11	Morgan Tracy	JR	Wethersfield	24.50			
12	Kristina Klementon	SO	Wethersfield	24.63			
13	Abigail Miko	JR	Woodland	24.64			
14	Katherine Fedor	SR	Norwalk/McMahon	24.75			
15	Aislin Cohen	SR	Guilford	24.80			
16	Audrey Henkel	SO	Branford	24.81			
17	Caitlin Martin	FR	Darien	24.83			
18	Ella Pape	SR	East Lyme	24.87			
19	Julia Istambouli	FR	Danbury	24.88			
20	Dalia Katra	JR	Ridgefield	25.00			
21	Maria Pelik	SO	St. Paul/Lewis Mills	25.03			
22	Maryn Brooks	SO	Wilton	25.23			
23	Lena Savkovic	JR	Masuk	25.33			
24	Annalie Whitridge	SO	Greenwich	25.36			
25	Lily Norton	SR	Greenwich	25.42	Alt		
26	Laura Haverly	FR	Conard	25.44	Alt		

Event 5 Girls 1 mtr Diving

State: 534.75 2015		Rachel Burston		Westhill/Stam.			
Open: 534.75 2015		Rachel Burston		Westhill/Stam.			
	Name	Year	School			Finals	Place
1	Emma Kelly	SR	New Canaan	530.75		_____	_____
2	Alden Charette	FR	Greenwich	507.55		_____	_____
3	Dylan Mogelof	SO	Staples	456.50		_____	_____
4	London Lewis	JR	Ridgefield	421.15		_____	_____
5	Abigel Finta	JR	SHA	419.55		_____	_____
6	Sylvi Otter	JR	East Lyme	419.15		_____	_____
7	Sara Blazejowski	SR	Lyman Hall	411.70		_____	_____
8	Julie Frangione	JR	New Canaan	406.35		_____	_____
9	Alexa Sardinas	JR	Farmington	400.05		_____	_____
10	Victoria Brupbacher	FR	Darien	396.00		_____	_____
11	Emma Sander	SR	Pomperaug	395.00		_____	_____
12	Ella Speerli	SR	Daniel Hand	389.35		_____	_____
13	Eibhlin Moynahan	FR	Fairfield Ludlowe	381.90		_____	_____
14	Neha Jayachandran		Glastonbury	374.90		_____	_____
15	Emma Toce	SR	Berlin	370.80		_____	_____
16	Alexandra Kuras	SR	Darien	370.25		_____	_____
17	Clementine Whittle	SO	Greenwich	370.05		_____	_____
18	Lily Sun	FR	EOS-Tolland	358.35		_____	_____
19	Alexandra Ahern	SO	New Fairfield	350.85		_____	_____
20	Jenna Levine	SR	East Lyme	349.55		_____	_____
21	Ashlynn Fudale	JR	Weston	349.50		_____	_____
22	Kripa Rao	SR	Westhill/Stamford	345.60		_____	_____
23	Addison Cristaudo	JR	Brookfield	345.60		_____	_____
24	Olivia DeVito	SR	Greenwich	344.20		_____	_____
25	Courtney Timmeny	SO	Darien	341.25	Alt	_____	_____
26	Riley Mattox	JR	North Haven	337.35	Alt	_____	_____

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Event 6 Girls 100 Yard Butterfly

State: 53.30 2025		Riley Anderson		Manchester Girls		Finals	Place
Open: 53.37 2024		Lily Archibald		Ridgefield			
Name	Year	School	Seed	Time			
1	Riley Anderson	SR	Manchester Girls Swim - Co-op	53.30			
2	Kylie McKirryher	SR	Seymour	56.92			
3	Zsofia Milak	FR	Ridgefield	57.14			
4	Maegan Grisanti	JR	St. Joseph	57.17			
5	Julia Kozma	JR	Greenwich	57.40			
6	Melissa Geiger	SR	Greenwich	57.68			
7	Caroline Suter	SR	Pomperaug	58.07			
8	Ava Piscioniere	JR	Shelton	58.48			
9	Ryan Cohen	SO	Guilford	58.54			
10	Misha Kovac	JR	Plainville	59.01			
11	Allison Gravius	SO	Brookfield	59.47			
12	Stella Green	JR	Pomperaug	59.62			
13	Zoe Petertonjes	SR	Newtown	59.66			
14	Grace McDonald	FR	Waterford	1:00.54			
15	Vedika Menon	SR	Ridgefield	1:00.63			
16	Rachel Hassett		Glastonbury	1:00.69			
17	Bailey Kissane	FR	Berlin	1:00.73			
18	Delaney Goralnick	FR	Ridgefield	1:00.82			
19	Norah Eldredge	SO	Greenwich	1:00.84			
20	Abigaile Mais	JR	Weston	1:00.96			
21	Maryn Brooks	SO	Wilton	1:00.97			
22	Mackenzie Grey	SR	Norwalk/McMahon	1:00.98			
23	Meredith McDermott	FR	Greenwich	1:01.34			
24	Zuzanna Pyrc	FR	Plainville	1:01.39			
25	Samantha Damour	SO	Windsor Locks Co-Op	1:01.45	Alt		
26	Heili Jalakas	JR	Darien	1:01.84	Alt		

Event 7 Girls 100 Yard Freestyle									
State: 49.66 2024		Riley Anderson		Manchester Girls					
Open: 49.66 2024		Riley Anderson		Manchester Girls					
Name		Year	School	Seed Time		Finals		Place	
1	Wesley Wales	SR	Greenwich	51.75					
2	Ava Ward	SR	Ridgefield	52.04					
3	Annabelle Superchi	JR	Cheshire	52.18					
4	Megan Lussier	JR	Wilton	52.44					
5	Audrey Henkel	SO	Branford	53.33					
6	Elle Massey	FR	Lauralton Hall	53.35					
7	Gabrielle Williamson	JR	Cheshire	53.60					
8	Noelle Ivanovich	FR	Trumbull	53.70					
9	Ellen Griffin	SO	Ridgefield	53.71					
10	Lillian White-Charles	JR	Fairfield Warde	53.88					
11	Morgan Tracy	JR	Wethersfield	53.90					
12	Aislin Cohen	SR	Guilford	54.11					
13	Vedha Kongettira	JR	Wilton	54.12					
14	Sophia Fraguela	FR	Brookfield	54.37					
15	Chloe Archibald	SO	Ridgefield	54.40					
16	Alexis Abellard	SR	Trumbull	54.42					
17	Elsa Wang	FR	Greenwich	54.58					
18	Elizabeth Akolzina	SO	Weston	54.72					
19	Kristina Klementon	SO	Wethersfield	54.74					
20	Chloe Ableman	SR	Norwalk/McMahon	54.75					
21	Maria Pelik	SO	St. Paul/Lewis Mills	54.83					
22	Cecilia Minard	SR	Farmington	55.04					
23	Isadora Nassa	JR	Greenwich	55.07					
24	Ella Pape	SR	East Lyme	55.14					
25	Kalynn Stewart	SR	Oxford	55.21	Alt				
26	Iulia Istambouli	FR	Danbury	55.34	Alt				

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Event 8 Girls 500 Yard Freestyle

State: 4:46.99 2005		Kristen Frost		Hand			
Open: 4:46.99 2005		Kristen Frost		Hand			
	Name	Year	School	Seed Time		Finals	Place
1	Mary Kelly	FR	Ridgefield	5:01.41		_____	_____
2	Melissa Geiger	SR	Greenwich	5:03.71		_____	_____
3	Ellison Charette	JR	Greenwich	5:03.76		_____	_____
4	Olivia DeVries	SO	Greenwich	5:08.41		_____	_____
5	Charlie Palmer	FR	Ridgefield	5:11.99		_____	_____
6	Ainsley Sahrbeck	SR	Greenwich	5:12.01		_____	_____
7	Isabelle Hodum	SR	Sheehan	5:12.11		_____	_____
8	Brianna Laforest	SO	Windsor Locks Co-Op	5:12.17		_____	_____
9	Addison Markoja	SR	Meriden Co-op (Platt / Maloney	5:14.34		_____	_____
10	Mary Sampara	SR	Amity	5:15.11		_____	_____
11	Emmy Beach	SR	St. Joseph	5:16.72		_____	_____
12	Carly Waldman	SR	Staples	5:18.43		_____	_____
13	Ava Lavigne	FR	Manchester Girls Swim - Co-op	5:18.60		_____	_____
14	Milena Brodowicz	SR	Wethersfield	5:18.92		_____	_____
15	Elizabeth Veeder	SR	Darien	5:19.16		_____	_____
16	Gracie Lowney	SR	Conard	5:20.75		_____	_____
17	Makayla Pedersen	SO	Joel Barlow, Bethel, Immaculat	5:22.26		_____	_____
18	Phoebe Setten	JR	Staples	5:22.37		_____	_____
19	Emily Pastushan	SR	New Canaan	5:23.41		_____	_____
20	Emily Daukas	SR	Pomperaug	5:23.50		_____	_____
21	Isla Cunniffe	SR	Norwalk/McMahon	5:23.95		_____	_____
22	Rachel Hassett		Glastonbury	5:24.25		_____	_____
23	Emma Meyer	FR	Fitch/Stonington/ New London/	5:25.08		_____	_____
24	Riley McMahon	JR	Sheehan	5:25.48		_____	_____
25	Kiera Hinkley	SR	Ridgefield	5:25.65	Alt	_____	_____
26	Eliza Swaggart	FR	Darien	5:26.33	Alt	_____	_____

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Event 9 Girls 200 Yard Freestyle Relay

State: 1:35.48 2022

Ridgefield

Open: 1:35.48 2022

Ridgefield

	Team	Relay	Seed Time		Finals	Place
1	Ridgefield		1:37.95		_____	_____
2	Cheshire		1:38.69		_____	_____
3	Wethersfield		1:40.40		_____	_____
4	Greenwich		1:40.58		_____	_____
5	Wilton		1:40.68		_____	_____
6	Sheehan		1:42.26		_____	_____
7	Fairfield Ludlowe		1:42.51		_____	_____
8	Fairfield Warde		1:42.79		_____	_____
9	New Canaan		1:42.91		_____	_____
10	Weston		1:43.16		_____	_____
11	Conard		1:43.52		_____	_____
12	Southington		1:43.65		_____	_____
13	Guilford		1:43.69		_____	_____
14	Amity		1:43.80		_____	_____
15	St. Joseph		1:44.03		_____	_____
16	East Lyme		1:44.05		_____	_____
17	Darien		1:44.46		_____	_____
18	Trumbull		1:44.51		_____	_____
19	Glastonbury		1:45.28		_____	_____
20	Farmington		1:45.30		_____	_____
21	Oxford		1:45.33		_____	_____
22	Newtown		1:45.64		_____	_____
23	Foran		1:46.20		_____	_____
24	South Windsor		1:46.39		_____	_____
25	Stratford		1:46.57	Alt	_____	_____
26	Woodland		1:46.82	Alt	_____	_____

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Event 10 Girls 100 Yard Backstroke

State: 54.13 2015		Marcella McGuire		Ridgefield			
Open: 54.13 2015		Marcella McGuire		Ridgefield			
	Name	Year	School	Seed Time		Finals	Place
1	Adrianna Spelman	JR	Fairfield Warde	56.38		_____	_____
2	Katherine Fedor	SR	Norwalk/McMahon	56.62		_____	_____
3	Kylie McKirryher	SR	Seymour	57.96		_____	_____
4	Ella Gussen	SR	Fairfield Ludlowe	58.04		_____	_____
5	Lillian White-Charles	JR	Fairfield Warde	58.07		_____	_____
6	Julia Kozma	JR	Greenwich	58.13		_____	_____
7	Ryan Cohen	SO	Guilford	58.89		_____	_____
8	Gretchen Janney	JR	Brookfield	58.93		_____	_____
9	Vedha Kongettira	JR	Wilton	59.00		_____	_____
10	Alden Charette	FR	Greenwich	59.07		_____	_____
11	Makayla Pedersen	SO	Joel Barlow, Bethel, Immaculat	59.07		_____	_____
12	Noelle Ivanovich	FR	Trumbull	59.26		_____	_____
13	Grace Damico	SR	Lyman Hall	59.52		_____	_____
14	Lena Savkovic	JR	Masuk	59.54		_____	_____
15	Mairead Luhman	JR	Ridgefield	59.58		_____	_____
16	Chloe Archibald	SO	Ridgefield	59.92		_____	_____
17	Avery Foito	SR	Stratford	1:00.04		_____	_____
18	Emma Lawson	SO	Wolcott	1:00.04		_____	_____
19	Annalie Whitridge	SO	Greenwich	1:00.28		_____	_____
20	Juliette Arencibia	SR	Ridgefield	1:00.52		_____	_____
21	Aarya Mulmi	SR	Amity	1:00.68		_____	_____
22	Anna Jacob	JR	Daniel Hand	1:00.73		_____	_____
23	Caitlin Martin	FR	Darien	1:00.77		_____	_____
24	Lauren Crawford	SO	Ridgefield	1:01.01		_____	_____
25	Emily Pastushan	SR	New Canaan	1:01.53	Alt	_____	_____
26	Caroline Gies	JR	Darien	1:01.86	Alt	_____	_____

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Psych Sheet

Event 11 Girls 100 Yard Breaststroke

State: 1:01.04 2021		Lauren Walsh		Trumbull			
Open: 1:01.04 2021		Lauren Walsh		Trumbull			
Name	Year	School	Seed	Time	Finals	Place	
1 Mackenzie Hearnin	SO	Cheshire		1:04.90			
2 Emma Giafardino	SO	Norwalk/McMahon		1:05.46			
3 Ava Piscioniere	JR	Shelton		1:05.73			
4 Emma Zhang	FR	Guilford		1:05.87			
5 Meghan Leahy	JR	Weston		1:06.56			
6 Dalia Katra	JR	Ridgefield		1:07.07			
7 Kensington Worden	JR	Greenwich		1:07.15			
8 Sophia Sudquist	FR	Mercy		1:07.22			
9 Leni So	SR	New Canaan		1:07.31			
10 Vivienne Walsh	FR	Ridgefield		1:07.33			
11 Georgia Theodorsen	SR	Fairfield Ludlowe		1:07.75			
12 Isabel Guzman	SR	Greenwich		1:07.87			
13 Rileigh Ebert	FR	Cheshire		1:07.98			
14 Ava Ruszkowski	SO	Amity		1:08.02			
15 Abigail Miko	JR	Woodland		1:08.06			
16 Addison Markoja	SR	Meriden Co-op (Platt / Maloney		1:08.53			
17 Kaitlyn Knowles	JR	New Canaan		1:08.64			
18 Dchai Iulia, Luangpraseuth	FR	South Windsor		1:09.15			
19 Ava Lavigne	FR	Manchester Girls Swim - Co-op		1:09.52			
20 Maya Kreuzer	JR	Wilton		1:09.57			
21 Sara Jee	SO	Greenwich		1:09.79			
22 Claudia Esaa	SR	Cheshire		1:10.07			
23 Vanessa Leszczyk	FR	Bristol Girls Swimming and Div		1:10.46			
24 Ella Hall	SR	Conard		1:10.59			
25 Camryn Gaidos	FR	East Catholic		1:10.61	Alt		
26 Kalynn Stewart	SR	Oxford		1:10.63	Alt		

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Event 12 Girls 400 Yard Freestyle Relay

State: 3:23.97 2024 Ridgefield

Open: 3:23.97 2024 Ridgefield

	Team	Relay	Seed Time		Finals	Place
1	Ridgefield		3:30.53		_____	_____
2	Cheshire		3:34.96		_____	_____
3	Greenwich		3:35.29		_____	_____
4	Norwalk/McMahon		3:36.47		_____	_____
5	Guilford		3:39.01		_____	_____
6	Conard		3:39.91		_____	_____
7	Wethersfield		3:40.76		_____	_____
8	Pomperaug		3:42.13		_____	_____
9	Darien		3:43.66		_____	_____
10	Weston		3:44.35		_____	_____
11	Amity		3:45.51		_____	_____
12	Plainville		3:46.34		_____	_____
13	Manchester Girls Swim - Co-op		3:46.63		_____	_____
14	Sheehan		3:46.71		_____	_____
15	St. Joseph		3:47.19		_____	_____
16	New Canaan		3:47.25		_____	_____
17	East Lyme		3:47.79		_____	_____
18	Brookfield		3:48.44		_____	_____
19	Meriden Co-op (Platt / Malone		3:50.02		_____	_____
20	Farmington		3:50.52		_____	_____
21	Southington		3:52.09		_____	_____
22	East Catholic		3:52.32		_____	_____
23	Fitch/Stonington/ New London		3:54.02		_____	_____
24	Joel Barlow, Bethel, Immaculat		3:55.68		_____	_____
25	Glastonbury		3:55.75	Alt	_____	_____
26	Wilton		3:56.11	Alt	_____	_____