

AM SESSION

	Class	Team	Check-In	Stretch	Four Strips	Full Mat	Perform
1)	LL	Enfield	8:00 AM	9:00 AM	9:05 AM	9:10 AM	9:30 AM
2)	Coed	Platt	8:04 AM	9:04 AM	9:09 AM	9:14 AM	9:34 AM
3)	LL	Crosby	8:08 AM	9:08 AM	9:13 AM	9:18 AM	9:38 AM
4)	Coed	Holy Cross	8:12 AM	9:12 AM	9:17 AM	9:22 AM	9:42 AM
5)	LL	Norwalk	8:16 AM	9:16 AM	9:21 AM	9:26 AM	9:46 AM
6)	Coed	New Britain	8:20 AM	9:20 AM	9:25 AM	9:30 AM	9:50 AM
7)	S	Putnam	8:24 AM	9:24 AM	9:29 AM	9:34 AM	9:54 AM
8)	LL	Westhill	8:28 AM	9:28 AM	9:33 AM	9:38 AM	9:58 AM
9)	S	Plainfield	8:32 AM	9:32 AM	9:37 AM	9:42 AM	10:02 AM
10)	LL	Greenwich	8:36 AM	9:36 AM	9:41 AM	9:46 AM	10:06 AM
11)	S	Oxford	8:40 AM	9:40 AM	9:45 AM	9:50 AM	10:10 AM
12)	LL	Bridgeport Central	8:44 AM	9:44 AM	9:49 AM	9:54 AM	10:14 AM
13)	Coed	Wilby	8:48 AM	9:48 AM	9:53 AM	9:58 AM	10:18 AM
14)	S	Notre Dame Prep	8:52 AM	9:52 AM	9:57 AM	10:02 AM	10:22 AM
15)	LL	Shelton	8:56 AM	9:56 AM	10:01 AM	10:06 AM	10:26 AM
16)	Coed	Killingly	9:00 AM	10:00 AM	10:05 AM	10:10 AM	10:30 AM
17)	S	Bacon Academy	9:04 AM	10:04 AM	10:09 AM	10:14 AM	10:34 AM
18)	LL	Maloney	9:08 AM	10:08 AM	10:13 AM	10:18 AM	10:38 AM
19)	Coed	Stamford	9:12 AM	10:12 AM	10:17 AM	10:22 AM	10:42 AM
20)	S	Seymour	9:16 AM	10:16 AM	10:21 AM	10:26 AM	10:46 AM
21)	LL	Conard	9:20 AM	10:20 AM	10:25 AM	10:30 AM	10:50 AM
22)	Coed	Norwich Free Academy	9:24 AM	10:24 AM	10:29 AM	10:34 AM	10:54 AM
23)	S	Wheeler	9:28 AM	10:28 AM	10:33 AM	10:38 AM	10:58 AM
24)	LL	Trumbull	9:32 AM	10:32 AM	10:37 AM	10:42 AM	11:02 AM
25)	Coed	Jonathan Law	9:36 AM	10:36 AM	10:41 AM	10:46 AM	11:06 AM
26)	S	East Hampton	9:40 AM	10:40 AM	10:45 AM	10:50 AM	11:10 AM
27)	LL	Amity	9:50 AM	10:50 AM	10:55 AM	11:00 AM	11:20 AM
28)	Coed	Manchester	9:54 AM	10:54 AM	10:59 AM	11:04 AM	11:24 AM
29)	S	St. Paul	9:58 AM	10:58 AM	11:03 AM	11:08 AM	11:28 AM
30)	LL	Danbury	10:02 AM	11:02 AM	11:07 AM	11:12 AM	11:32 AM
31)	Coed	Derby	10:06 AM	11:06 AM	11:11 AM	11:16 AM	11:36 AM
32)	S	Wolcott	10:10 AM	11:10 AM	11:15 AM	11:20 AM	11:40 AM
33)	LL	East Hartford	10:14 AM	11:14 AM	11:19 AM	11:24 AM	11:44 AM
34)	Coed	Wethersfield	10:18 AM	11:18 AM	11:23 AM	11:28 AM	11:48 AM
35)	S	Stonington	10:22 AM	11:22 AM	11:27 AM	11:32 AM	11:52 AM
36)	LL	South Windsor	10:26 AM	11:26 AM	11:31 AM	11:36 AM	11:56 AM
37)	S	Ellis Tech	10:30 AM	11:30 AM	11:35 AM	11:40 AM	12:00 PM
38)	LL	Ridgefield	10:34 AM	11:34 AM	11:39 AM	11:44 AM	12:04 PM
39)	S	Cromwell	10:38 AM	11:38 AM	11:43 AM	11:48 AM	12:08 PM
40)	LL	Southington	10:42 AM	11:42 AM	11:47 AM	11:52 AM	12:12 PM
41)	S	Northwestern Regional	10:46 AM	11:46 AM	11:51 AM	11:56 AM	12:16 PM
42)	LL	Glastonbury	10:50 AM	11:50 AM	11:55 AM	12:00 PM	12:20 PM
43)	S	Immaculate	10:54 AM	11:54 AM	11:59 AM	12:04 PM	12:24 PM
44)	LL	West Haven	10:58 AM	11:58 AM	12:03 PM	12:08 PM	12:28 PM
45)	S	Lauralton	11:02 AM	12:02 PM	12:07 PM	12:12 PM	12:32 PM
46)	LL	Staples	11:06 AM	12:06 PM	12:11 PM	12:16 PM	12:36 PM
47)	S	Portland	11:10 AM	12:10 PM	12:15 PM	12:20 PM	12:40 PM
48)	LL	Fairfield Ludlowe	11:14 AM	12:14 PM	12:19 PM	12:24 PM	12:44 PM
49)	S	Montville	11:18 AM	12:18 PM	12:23 PM	12:28 PM	12:48 PM
50)	LL	Newington	11:22 AM	12:22 PM	12:27 PM	12:32 PM	12:52 PM
51)	S	Kolbe Cathedral Prep	11:26 AM	12:26 PM	12:31 PM	12:36 PM	12:56 PM
52)	LL	Brien McMahon	11:30 AM	12:20 PM	12:35 PM	12:40 PM	1:00 PM
53)	S	Griswold	11:34 AM	12:24 PM	12:39 PM	12:44 PM	1:04 PM
54)	E	Legendary Athletics	11:38 AM	12:28 PM	12:43 PM	12:28 PM	1:08 PM

8:00 AM	Gym opens for participants	
8:30 AM	Gym Opens for Spectators	
9:00 AM	Practice Begins	
9:25 AM	Announcements	
9:30 AM	Competition Begins	
1:00 PM	End of Competition	
1:15 PM	Awards	